



# Notice to Patients of the Ottawa Fertility Centre Re: H1N1

## INFORMATION FOR OFC PATIENTS

- **OFC recommends that our patients obtain the H1N1 vaccine**
  - Visit web site of Ottawa Public Health (see web site address below)
  - See Handout from Ministry of Health: *H1N1 Flu Virus (Human Swine Flu)*
- **OFC recommends that pregnant patients obtain either the non-adjuvant or adjuvant vaccine**
  - See SOGC handout: *H1N1 & Pregnancy*
  - See handout from Ottawa Hospital: *Information Sheet For Pregnant Women Re H1N1*
- **Do not come to the clinic if you have influenza-like illness (ILI). If you have symptoms and are within a treatment cycle, please call the OFC and leave a message. We will call you back with further instruction.**

### Symptoms for influenza-like illness:

- Fever AND cough
- Plus, one or more of: sore throat, sore joints or muscles, total exhaustion or weakness, or other flu-like symptoms

## WHAT IS THE OFC DOING TO PROTECT PATIENTS AND STAFF?

- Education of all staff and patients on signs and symptoms of H1N1
- Recommend vaccine for all staff and patients
- Ensure additional disinfection and cleaning of clinic areas
- Encourage proper hand washing by OFC staff and patients
- Encourage staff and patients to stay at home if they have influenza-like symptoms
- Provide information handouts to patients and staff
- Plan for higher than normal sick leave among staff

## ADDITIONAL RESOURCES FOR PATIENTS AND STAFF

- Ministry of Health (Ontario) web site: [www.ontario.ca/flu](http://www.ontario.ca/flu)
- Public Health Agency of Ontario web site: [www.health.gov.on.ca/en/](http://www.health.gov.on.ca/en/) or phone 1-800 476-9708
- Ottawa Public Health: [www.ottawa.ca/residents/health/index\\_en.html](http://www.ottawa.ca/residents/health/index_en.html) or phone: 613-580-6744
- Public Health Agency of Canada: <http://www.phac-aspc.gc.ca/index-eng.php>
- Society of Obstetricians and Gynaecologists of Canada: [www.sogc.org/index\\_e.asp](http://www.sogc.org/index_e.asp)